

What do you need to have the life you want?

The disability system is changing and people with disability will be funded and supported in new ways.

Instead of 'applying for a bucket of money', we are being asked to plan ahead for our futures. People are then funded for reasonable and necessary support so that they can have the life that they want.

The new scheme is called the National Disability Insurance Scheme (NDIS). It is for people with disability aged between 0 to 65 who need support to live their day to day lives.

These posters and resources are for anyone who needs help with planning. They are designed to be 'conversation starters', to get you thinking about what you might need to be who you are.

The NDIS won't pay for everything - for example, it will not pay for a house or a car. But it will pay for the gap between a 'disabled life' and a 'non disabled life'. For example, it will pay for home modifications to your house, car or vehicle modifications.

The way that we receive and manage money is changing, too. People with disability have more choices and control of how to manage their funding and supports under the new scheme.

How to use the posters and resources

PWdWA's planning posters include 'domains' to start you thinking about the different areas of your life where you might need support.

The posters are designed to work with other resources, like WA Individualised Services' 'Preparing to Plan' series.

Before you start thinking about planning, ask yourself the following questions:

What is going well for me in my life?
Which things do I want to stay the same?

What do I want to change in my life?
Which things do I want to be different?

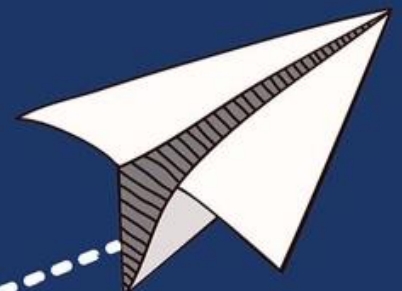
What are the barriers to me having the life I want?

It's helpful to record what your life looks like right now - what you eat, where you sleep, who is in your life (paid and unpaid people), what you do. That will help you work out the gaps between what is happening now and what you want to happen.

To find out more, go to www.peerconnect.org.au



People With disabilities WA
www: <http://pwdwa.org/>



Community



**I have the right to be
active, supported and
valued in the community.**



Freedom



I have the right to be in control of my own life, make mistakes, make my own decisions and have real choices.



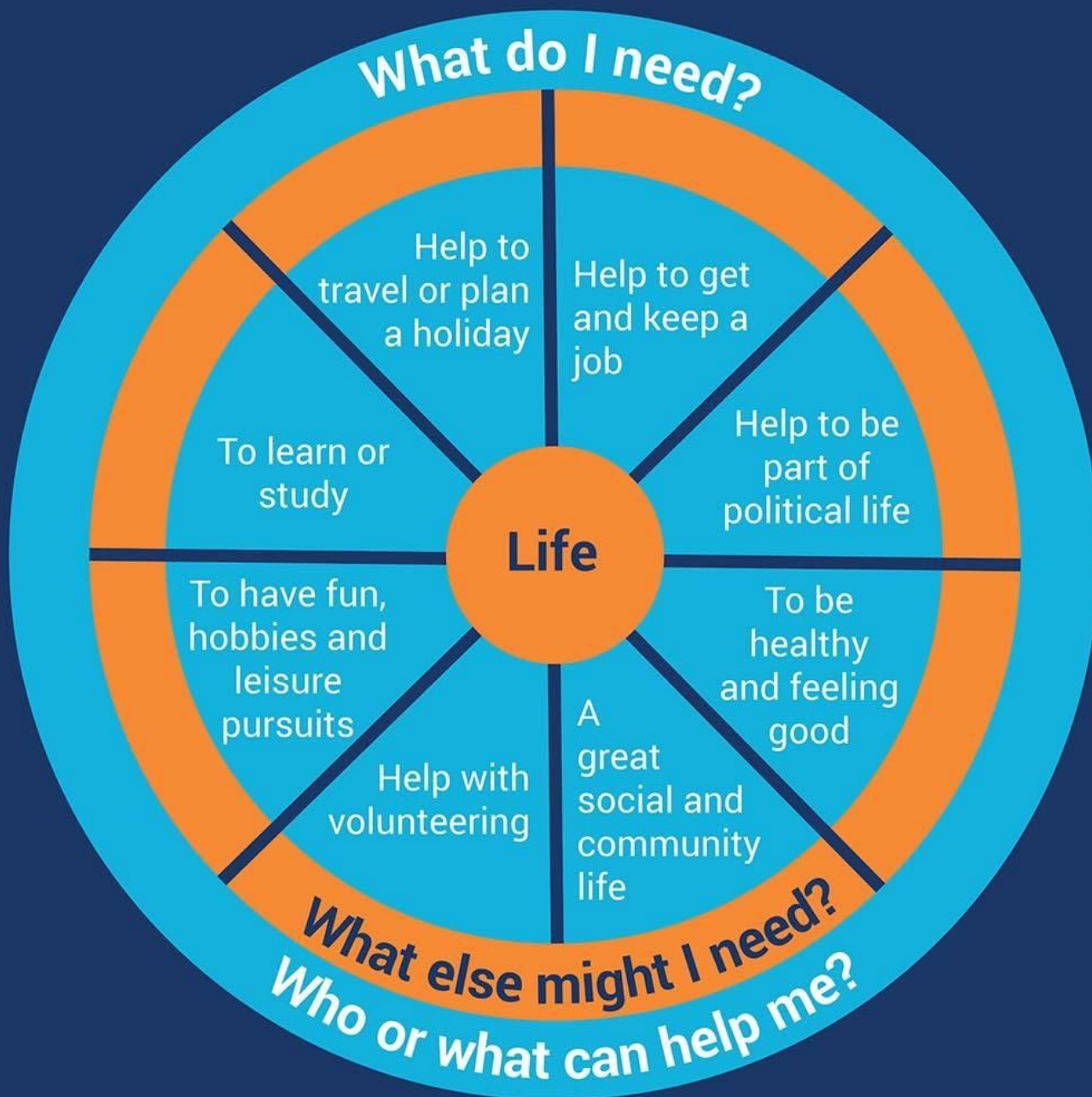
Home



I have the right to live on my own or with the people I choose, in the community, with the support I need.

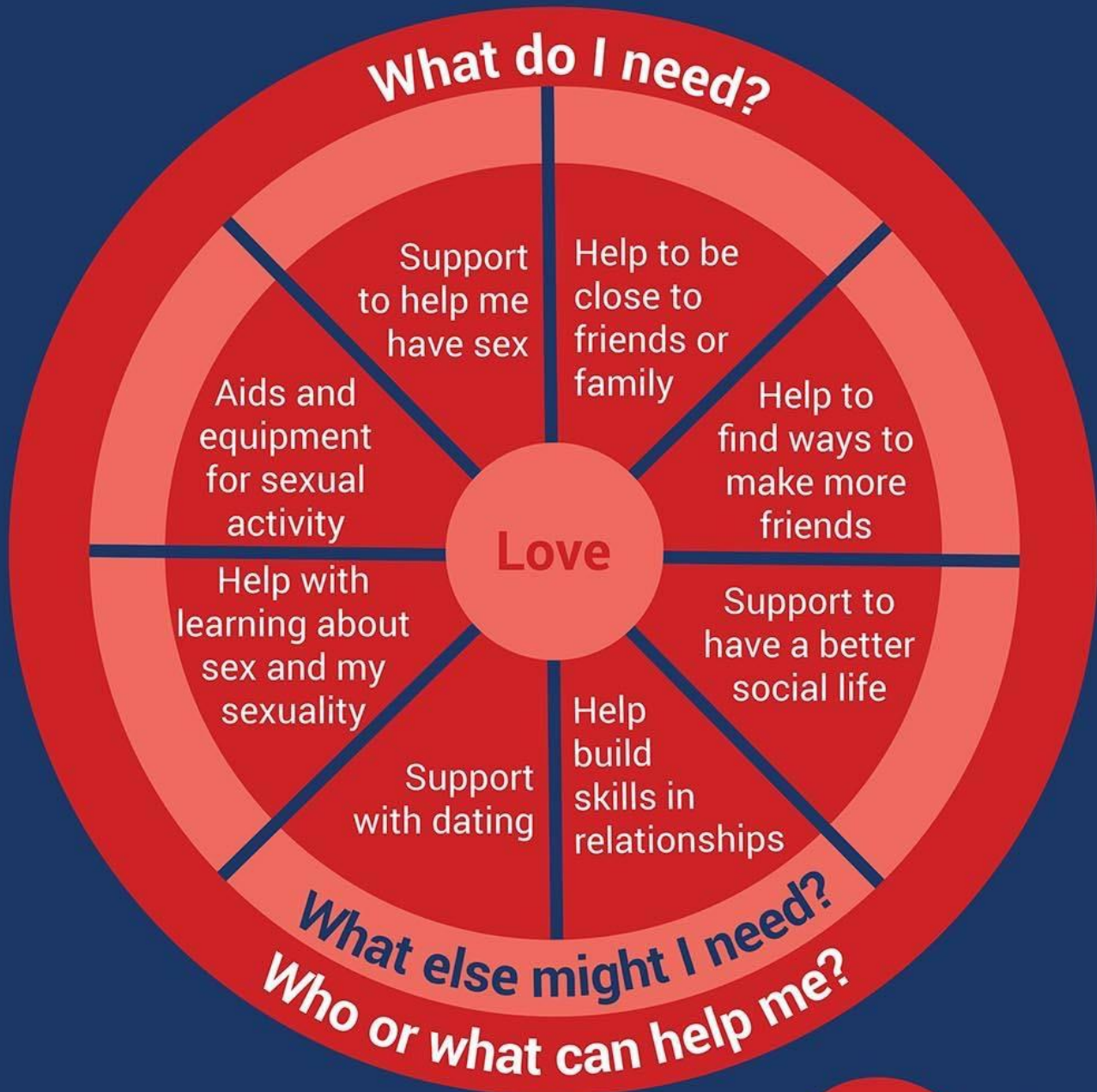


Life



**I have the right to live fully,
be included and give back
to the community.**

Love



I have the right to love, be loved, have friends and relationships. I have the right to sexuality and intimacy.



Money



I have the right to have enough money to live a good life. I have the right to economic security.



Purpose



I have the right to set my own direction and have a meaningful life



Community Planning Poster

Use this poster to help you think about how you can be an involved community citizen

How?

Write in the clouds, create your own questions, think about what you need to be part of YOUR community!

My name is: _____

Which communities do I belong to now? *

No Community Tourism

The community belongs to me.
I am not a tourist in my own community.
I have the right to be active, supported and valued in my community.

* Neighbourhood or locality, community of interest (game, horse riding, sports fan), disability community, friendship groups, places, schools, Facebook and social media - what else?

What Do I Really Like?

What do I do now? Do I really like it? Why do I like it?
Would I like the same thing somewhere else?

Ben's Story



What Did Ben Change?

Ben likes art. He used to belong to a day program for people with disability. Ben likes being in groups of people, but he wasn't doing much art - the group focused on craft.

Ben heard about Suzy Proctor and her 'craftafternoons', where people could drop in to her home based studio to create art. Ben decided to turn a room in his house to make a studio and invited local artists to come and share their skills. The local arts group used Ben's studio as a base for meetings once a month.

Last month, Ben held his own art exhibition.

Who Will Help?

What's Working For Me?

What do I want to keep? _____

What's Not?

What do I want to change? _____

What Resources, Gifts and Skills Do I Have To Offer?

Notes

What Do I Need To Be Who I Am?

